

Marjorie A. Nightingale, Ph.D., JD, LMFT

1010 Windsor Road, Pikesville, MD, 21208
(267)994-9015, Email: marjorienight@gmail.com

EDUCATION

Drexel University, Philadelphia, PA May 2021
Ph.D., Couple and Family Therapy
College of Nursing and Health Professions

Dissertation: *Emotionally Focused Therapy with African American Couples: An Exploratory Acceptability and Feasibility Study*

Council for Relationships, Philadelphia, PA May 2018
Post Masters Certificate in Sex Therapy

LaSalle University, Philadelphia, PA January 2015
M.A., Marriage & Family Therapy
College of Liberal Arts

University of Maryland School of Law, Baltimore, MD May 1991
Juris Doctor

AWARDS

Virginia Tech – Services for Students with Disabilities
Sally Bohland Certificate - *Exceptional Leadership in Access and Inclusion*, 2021

American Association of Marriage and Family Therapists Research & Education Foundation
Outstanding Research Publication, 2020
“*Emotionally focused therapy: A culturally sensitive approach for African American heterosexual couples*”

CLINICAL EXPERIENCE

Marjorie Nightingale, Ph.D., JD, LMFT 2015 to present
Washington, D.C.
Individual, Couple & Sex Therapy
Areas of focus: Emotionally Focused Therapy for Couples, Integrative sex therapy, anxiety, depression, relational and other social, emotional and behavioral issues.

Keith Miller Counseling & Associates 2018 to 2021
Washington, D.C.
Individual, Couple and Sex Therapist

- Provides therapy to individuals and couples in private practice.
- Areas of concentration: Emotionally Focused Couples Therapy, Integrative sex therapy, social, emotional and behavioral issues.

Center for Connection, Healing and Change 2018 to 2019
Woodbridge, VA

Marjorie A. Nightingale, Ph.D. , JD, LMFT

Individual, Couple and Sex Therapist

- Provides therapy to individuals and couples in private practice.
- Areas of concentration: Emotionally Focused Couples Therapy, Integrative sex therapy, social, emotional and behavioral issues.

Drexel University

2016 to 2018

Center for Family Science

Philadelphia, PA

Couple and Family Therapist

- Provided therapy to individuals, couples and families.
- Provided therapeutic services as part of research teams.
- Areas of concentration: Emotionally Focused Couples Therapy, Attachment Based Family Therapy, social, emotional and behavioral Issues.

Center for Families and Relationships

2014 - 2015

Philadelphia, PA

Family Therapy Intern

- Provided therapy to individuals, couples, families and children.
- Participated in weekly individual supervision and group supervision.
- Areas of concentration: Emotionally Focused Therapy for Couples, Social, Emotional and Behavioral Issues, Parenting Skills, Play Therapy.

PROFESSIONAL EMPLOYMENT

Wordsworth Academy

Community Umbrella Agency, Region #5

Philadelphia, PA

2013 - 2016

Director

- Directed, launched and implemented the privatization of child welfare services from Philadelphia's Department of Human Services for 7,000 families with at \$37 million budget.
- Hired, trained and managed a staff of 150 human service professionals with responsibility for all phases of service delivery and organizational operations. .

Playworks Philadelphia

Philadelphia, PA

2010 - 2013

Executive Director

- Implemented and managed a social/emotional learning program in 10 Philadelphia elementary/middle schools based on play and physical activity to combat bullying and violence and to increase the physical and mental health of students living in high crime/high poverty communities. Responsible for all fund-raising (\$2 million budget) and engagement of community partners.

Dress for Success Philadelphia

Philadelphia, PA

2007 - 2010

Executive Director

Marjorie A. Nightingale, Ph.D. , JD, LMFT

- Implemented, directed and managed a welfare to work program that assisted 5,000 women living in poverty into the workforce. Received a national award for exceptional service delivery in marginalized communities.

Baltimore City Department of Social Services (BCDSS)

Baltimore, MD

1999-2006

Staff Attorney

- Litigated over 900 cases on behalf of BCDSS representing agency personnel delivering child welfare services in Baltimore City Circuit Court, Administrative court and Department of Education proceedings.

TEACHING

Ackerman Institute for the Family, New York, NY

Certificate Program in Sex Therapy

Instructor

Fall 2022

- ***Introduction to Sex Therapy*** – this course provides trainees a comprehensive systemic framework for viewing sex and sexuality within the broader contexts of the intimate relationship, family, society, culture, power and privilege, and the self of the therapist.

University of Maryland, College Park, MD

Department of Public Health

Marriage and Family Therapy Program

Adjunct Faculty

Fall 2022

- ***FMSC642- Normal and Abnormal Individual Family Development*** – this course provides a theoretical and empirical overview of individual and family development during the course of normative family transitions.
- ***FMSC640- Family Therapy: Theory and Techniques*** – this course provides an overview of fundamental theoretical concepts and clinical procedures in marital and family therapy, with an emphasis on those therapies which operate from a family systems perspective.

Summer 2022

- ***FMSC645-Sexuality: Issues in Family Therapy and Service Delivery***- this course covers sexology and sexual health including the assessment and treatment of sexual disorders. Sexual issues are viewed within the broader contexts of the family of origin, the intimate relationship, bio-psycho factors in the individuals, cultural, religious, racial and other contextual systems.

Spring 2022

- ***FMSC641-Couple Therapy Theory & Techniques*** – this course provides the theory and practice of couple therapy for the treatment of relationship distress and some specific psychological disorders.

Marjorie A. Nightingale, Ph.D. , JD, LMFT

Fall 2021

- ***FMSC642- Normal and Abnormal Individual Family Development*** – this course provides a theoretical and empirical overview of individual and family development during the course of normative family transitions.

Summer 2021

- ***FMSC645-Sexuality: Issues in Family Therapy and Service Delivery-*** this course covers sexology and sexual health including the assessment and treatment of sexual disorders. Sexual issues are viewed within the broader contexts of the family of origin, the intimate relationship, bio-psycho factors in the individuals, cultural, religious, racial and other contextual systems.

Council for Relationships, Philadelphia, PA
Post Graduate Program in Sex Therapy

Faculty

Fall 2022

- ***Systemic Sex Therapy I*** -the first of three 30-hour courses leading to a post master's certificate in sex therapy including the assessment and treatment of sexual disorders. Using the Intersystem approach, a comprehensive, intimacy-based model, sexual issues are viewed within the broader contexts of the family of origin, the intimate relationship, bio-psycho factors in the individuals, cultural, religious, racial and other contextual systems.

Fall 2021

- ***Systemic Sex Therapy I*** -the first of three 30-hour courses leading to a post master's certificate in sex therapy including the assessment and treatment of sexual disorders. Using the Intersystem approach, a comprehensive, intimacy-based model, sexual issues are viewed within the broader contexts of the family of origin, the intimate relationship, bio-psycho factors in the individuals, cultural, religious, racial and other contextual systems.

Spring 2021

- ***Systemic Sex Therapy III*** – the third of three 30 hour courses leading to a post master's certificate in sex therapy including the assessment and treatment of sexual disorders. This course focuses on advanced topics such as physical issues that impact sex, sexual diversity, gender variance, paraphilias, non-monogamy, sexual minorities, sexual compulsivity, and asexuality among others.

Fall 2020

- ***Systemic Sex Therapy I*** -the first of three 30-hour courses leading to a post master's certificate in sex therapy including the assessment and treatment of sexual disorders. Using the Intersystem approach, a comprehensive, intimacy-based model, sexual issues are viewed within the broader contexts of the family of origin, the intimate relationship, bio-psycho factors in the individuals, cultural, religious, racial and other contextual systems.

Drexel University, Philadelphia, PA
College of Nursing and Health Profession

Marjorie A. Nightingale, Ph.D. , JD, LMFT

Couple and Family Therapy Doctoral Program
Adjunct Faculty

Winter 2022

- ***CFTP 720 Couple Therapy Theory and Practice*** - Advanced comparative analysis of historical and contemporary approaches to couple therapy theory and their practical application, with particular reference to social context implications.

Couple and Family Therapy Master's Program &
Creative Arts Therapy Program
Guest Lecturer

- ***CFTP 502 - Introduction to Family Therapy II***
 - 4/16/20 "***Working with Diversity in Couples Therapy***"

Adjunct Instructor

Spring 2019

- ***ARTS 661-Working with Family Systems in Dance/Movement Therapy***- Using our previous course design, co-taught this course with Department Chair, Dr. Sherri Goodall. This course views the family through developmental and systems perspectives and addresses clinical applications of dance/movement therapy in work with family systems.

Guest Lecturer

- ***CFTP 502 - Introduction to Family Therapy II***
 - 4/26/18 "***EFT with African Americans***"
 - 6/7/18 "***Trauma in Families***"

Teaching Assistant (with Dr. Kenneth Hardy)

Spring 2018

- ***CFTP 521 - Human Development*** - This introductory human development course was an online only course using Blackboard to deliver lessons, course material and examinations. Introduced students to the foundations of human development. It is designed to engage students in discussions of both traditional and contemporary human development models.

Co-Instructor

Spring 2018

- ***Arts 661 -Working with Family Systems in Dance/ Movement Therapy*** – co-designed and taught this course with Dr. Sherry Goodall. This course views the family through developmental and systems perspectives within the frame of clinical applications of dance/movement therapy.

Teaching Practicum (with Dr. Kenneth Hardy)

Winter 2018

- ***CFTP 509 - Couples Therapy*** - developed syllabus, and designed and taught couples therapy course integrating cultural factors into traditional couples models in this introductory course for masters students in the Couple and Family Therapy program.

Virginia Tech, Northern Virginia Center, Falls Church, VA
Department of Human Development
Marriage and Family Therapy Program
Adjunct Faculty

Fall 2021

Marjorie A. Nightingale, Ph.D. , JD, LMFT

- ***HD5344-Perspectives on Human Sexuality***- addresses the practice theories and techniques for assessment, evaluation and treatment of individuals, couples and family systems presenting with sexual difficulties and problematic sexual behavior.
Spring 2021
- ***HD5744- Family Stress, Crisis Intervention, and Trauma Informed Care*** – this course provides an opportunity to systematically examine stress, crisis and trauma as experienced by individuals and families. The concepts of risk, protection and resilience as they relate to coping will be discussed.
Spring 2020
- ***HD5474 - Professional Seminar in Marriage and Family Therapy***- this course focuses on the major ethical, legal and professional issues faced by those in the field of marriage and family therapy. (This course began in the classroom and transitioned to online only following the beginning of the pandemic).
Fall 2019
- ***HD 5424 -Lifespan Human Development*** - this overview course focuses on family developmental issues across the lifespan from infancy to old age, as well as the effects of these issues/events upon individuals, couples and family relationships. The course focuses on theory, research, and application of individual and family developmental theory and related cultural and diversity issues.

Thomas Jefferson University, Philadelphia, PA
Jefferson College of Health Professions
Department of Couple and Family Therapy
Adjunct Faculty

Fall 2020

- ***CFTP 602.01 – Research in Couple and Family Therapy (online)***- this course aims to develop a research-informed approach to clinical practice that is guided by knowledge of the couple and family therapy research literature by reviewing research design, statistical and measurement concepts, and principles and methods of social science research.

Wordsworth Academy
Community Umbrella Agency
Director

2013 - 2016

- ***Court 101: The Social Worker as Witness*** – designed and taught a course about the child welfare court process and witness preparation to 13 cohorts of professional social workers. After teaching this to social workers in my agency, my course was requested by the judges in Philadelphia’s Family Court to be incorporated into training for all new social workers in the Philadelphia Department of Human Services. It is now accredited by the state of Pennsylvania and a required course for all new social workers in the Philadelphia region.
- ***Genograms in Social Work***- designed a course to help new social workers incorporate using genograms as a practice tool in the community for understanding family dynamics. Taught course to 13 cohorts of professional social workers.

Marjorie A. Nightingale, Ph.D. , JD, LMFT

- **Family Finding 101** – designed and taught a course for new social workers to use family finding systems (Accurint) and processes to exhaust family resources to reduce foster care and other non-family out of home placements. Taught course to 6 cohorts of professional social workers.

RESEARCH

University of Maryland, College Park

Project GRACE: NIH funded

Clinical Interventionist

March – July, 2021

Primary Investigator: Mona Mittal, Ph.D.

- Provided psycho-educational services for African Americans couples in an 8 week intervention aimed at HIV prevention/IPV reduction and substance abuse reduction.

Drexel University

Doctoral Research Fellow

2016 to 2021

Advisors: Stephanie Brooks, Ph.D. (2018 to 2021)

Christiana Awoson, Ph.D. (2019 to 2021)

Guy Diamond, Ph.D. (2016-2018)

- Fall 2017/ Winter/Spring/Summer 2018. Modified and provided clinical intervention in an open trial pilot study – **A culturally sensitive Emotionally Focused Therapy (EFT) for African American couples**
- Summer/Fall 2017/ Winter 2018. Designed and implemented study and collected data for qualitative study – **A Phenomenological study of African American Couples Experience of Race Related Conversations in Couples Therapy**

PUBLICATIONS

- Nightingale, M. , Awoson, C. I. (under review). Emotionally Focused Therapy with African American Couples: An Exploratory Acceptability and Feasibility Study, *Journal of Marriage and Family Therapy*.
- Nightingale, M., Awoson, C.I. & Stavrianopoulos, K. (2019). Emotionally focused therapy: A culturally sensitive approach for African American heterosexual couples. *Journal of Family Psychotherapy*, (30) 3: 221-244.
- Nightingale, M., Jones, S.C.T. & Smith, S. (2019). Black American couples' perceptions of the significance of race and race related conversations in therapy: A qualitative study. *Journal of Black Sexuality and Relationships*, 6(2), 37-57.
- Vialet, J., Nightingale, M. (2012). Playworks: Scaling a Great Idea, *Social Innovations Journal*. Fall (11), 1-8. Retrieved from <http://www.philasocialinnovations.org>.

PRESENTATIONS

- Nightingale, M. “Addressing Race with African American Couples in Clinical Practice”. Washington School of Psychiatry, September 24, 2022.

Marjorie A. Nightingale, Ph.D. , JD, LMFT

- Nightingale, M. “Navigating the Complexities of Race and Gender for African American Couples”. Couple and Family Institute of New England, June 10, 2022.
- Nightingale, M. “The Impact of Racism on African American Couples: Implications for Couple Therapy”. Psychodynamic Couple and Family Institute of New England, November 13, 2021.
- Nightingale, M. “Working with Black Couples” Emotionally Focused Therapy Supervisors Collaborative, November 2021.
- Nightingale, M. *Discussant*, “Using EFT with Multicultural Couples”, Society for the Expression of Psychotherapy Integration, International Conference, Geneva, Switzerland, June, 2021.
- Bernards, R. & Nightingale, M. “Individual and Group Trauma”, Office of Intramural Training and Education, National Institutes of Health, June 7, 2021.
- Nightingale, M. “Quarterly Seminar : Emotionally Focused Therapy (EFT) with African American Couples, Part 2,” New York Center for EFT, January, 2021.
- Emotionally Focused Therapy with African Americans, Part 1”, New York Center for EFT, November, 2020.
- Nightingale, M. “Workshop: EFT with African Americans” AAMFT Education Foundation, Minority Fellowship Program Quarterly Conference, September 2020.
- Nightingale, M. “On My Corner: Relationship Communication in the Real World”, A four week online course, September 2020.
- Nightingale, M., Awosan, C., Kolawole, B. & Parson, A. “Race, Racism & Relationships,” Panel Discussion, July 2020.
- Nightingale, M. “Let’s Talk About Race: A Qualitative Study about African American Couples in Therapy,” The Association of Black Sexologists and Clinicians Spring Roundtable Series, April, 2020.
- Nightingale, M. “Sex & Intimacy: A Workshop for Couples,” *Couples Check-In*, Enon Tabernacle Baptist Church, Philadelphia, PA, February, 2020.
- Nightingale, M. “Let’s Talk About Race: A Qualitative Study about African American Couples in Therapy”, Social Changes, Humanities and Education International Conference, Washington, D.C., December, 2019.
- Nightingale, M. “Sex in the Real World”, *Couples Check-In*, Enon Tabernacle Baptist Church, Philadelphia, PA, November, 2019.
- Nightingale, M. “Sex and Race”, Center for Relationships, Philadelphia, PA, May, 2018.
- Nightingale, M. “Relationship and sex challenges in committed relationships”, *Couples Check-In*, Enon Tabernacle Baptist Church, Philadelphia, September 2018.
- Nightingale, M. “What does sex have to do with it?” & “But, what about me?”, *Couples Check-In*, Enon Tabernacle Baptist Church, Philadelphia, February, 2018.
- Nightingale, M. “Why research is important for African Americans” *Not Easily Broken* Couples Ministry - Enon Tabernacle Baptist Church, Philadelphia, September 2017.
- Nightingale, M. “Why research is important for African Americans”, Delta Sigma Theta-Community Health Fair, Philadelphia, April 2017.

Marjorie A. Nightingale, Ph.D. , JD, LMFT

POSTER SESSION PRESENTATION

- Nightingale, M. & Diamond, G. Emotionally Focused Therapy for African American Couples. American Psychological Association National Conference, August, 2017, Washington, D.C.

SPECIALIZED TRAININGS

- **American Association of Marriage and Family Therapists – Fundamentals in Supervision (30 hours).** May, 2020. This course includes didactic and interactive portions, and is required to gain the AAMFT supervisor designation.
- **American Psychological Association, Advanced Training Institute - Research Methods for Diverse Racial and Ethnic Groups (32 hours)** Michigan State University, Lansing, Michigan, June 2017. This week long intensive institute examined and discussed research approaches for investigators working with diverse racial and ethnic groups.
- **Emotionally Focused Therapy: Core Skills (48 hours)** New York, NY Winter/Spring, 2017. This training was led by certified EFT trainers that taught core skills essential to the practice of EFT to small groups. The training included four 2 day workshops- 12 hours for each, every 3 months and completed over the course of one year.
- **Soul Work: Healing Racial Trauma,** Stamford, Connecticut, June 2017. This intensive two day conference provided a time of reflection, revival, self care and healing for participants who are committed to addressing issues of race, racial oppression and trauma.
- **Promoting Racial Sensitivity: Advanced Workshop for Practitioners,** (16 hours) San Francisco, CA, January, 2017. This intensive 3 day workshop provided a small group of practitioners with skills and techniques for integrating race and other dimensions of diversity into their work.
- **Center on Race and Social Problems' Child Welfare Summer Institute - National and Local Perspectives in Racial Disproportionality,** (6 hours) University of Pittsburgh, School of Social Work, Pittsburgh, PA, June, 2016. A one day conference where directors and other leaders of public social welfare programs discussed successes and challenges in confronting racial disparities in service delivery.
- **Sex & Attachment Coming Together** , New York, NY, June, 2015.(16 hours). This conference brought together experts from the fields of attachment theory, Emotionally Focused Therapy and sex therapy to discuss, debate and enhance understanding of working with sexual issues within an attachment frame.
- **Emotionally Focused Therapy: Externship,** New York, NY, June 2013. (32 hours). This four day workshop included observation of live sessions, presentations of theory and clinical techniques, skills training exercises, and discussion of specific cases. Participants obtained a clear understanding of the basic experiential and systemic

Marjorie A. Nightingale, Ph.D. , JD, LMFT

concepts of an “Emotionally Focused” approach to couples therapy.

PROFESSIONAL SERVICES

- Reviewer, *Journal of Marital and Family Therapy* 2017 to 2018

VOLUNTEER EXPERIENCES

New York Center for Emotionally Focused Therapy – NYCEFT Fall 2017/Winter 2018

Volunteer assistant trainer (64 hours)

- Assisted master trainers with EFT Core Skills training to small groups of practicing therapists with focus on specific skill development and EFT model implementation in four weekend workshops over the course of six months.
- Assisted therapists with addressing issues related to cultural sensitivity, racism and oppression for marginalized couples of color within the EFT framework.

American Psychological Association, National Convention, Washington, D.C. 2017
International Brain Bee

- Participated as a volunteer “patient with a scripted psychological disorder” for the international competition of high school scholars interested in careers in neurology and neuropsychology.

American Red Cross, various locations 1996- 2014
Disaster Relief Volunteer/Community Presenter

- Provided disaster services as part of national disaster team (Hurricanes Katrina/Wilma/Rita)
- Provided disaster services as part of local response teams.
- Presented disaster preparedness workshops to community and corporate organizations.

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

- American Association of Marriage and Family Therapy,
 - Clinical Member 2014 - present
 - Supervisor Trainee 2020- present
- American Association of Sexuality Educators, Counselors & Therapists 2020 – present
- American Psychological Association 2016 - present
- Chi Sigma Iota - Beta Chapter, International Honor Society for Counselors 2015 – present
- Maryland Bar Association 1991 – present

LICENSURE

- Licensed Marriage and Family Therapist 2019 – present
Washington, D.C. #000247

Marjorie A. Nightingale, Ph.D. , JD, LMFT
